

PSALMS 119 - BY KING DAVID

22 STANZAS WITH THE 22 LETTERS OF HEBREW ALPHABET
AND 8 LINES EACH. 22 IS THE NO. OF WISDOM AND LIGHT
AND 8 IS THE NO. OF NEW BEGINNINGS.

א Aleph – 1st - Numerical Value = 1; Means "*Master, Chief or Prince*"

1Blessed are those whose ways are blameless, who walk according to the **Law of the LORD.** **2**Blessed are those who keep **HIS statutes and seek HIM with all their heart** - **3**they do no wrong but follow HIS ways. **4****YOU have laid down precepts that are to be fully obeyed.** **5**Oh, that my ways were steadfast in **obeying Your decrees!** **6**Then I would not be put to shame when I consider **ALL YOUR commands.** **7**I will praise you with an upright heart as I learn **YOUR righteous laws.** **8****I will obey YOUR decrees;** do not utterly forsake me.

ב Beth – 2nd - Number Value = 2; Means "*House*"

9How can a young person stay on the path of purity? **By living according to YOUR WORD.** **10****I seek YOU with all my heart;** do not let me stray from YOUR COMMANDS. **11**I have hidden YOUR WORD in my heart that I might not sin against you. **12****Praise be to YOU, LORD; teach me YOUR decrees.** **13****With my lips I recount all the laws that come from YOUR mouth.** **14** **I rejoice in following YOUR statutes as one rejoices in great riches.** **15**I meditate on YOUR precepts and consider YOUR ways. **16**I delight in YOUR decrees; **I will not neglect YOUR WORD.**

ג Gimel – 3rd - Number Value = 3; Means "*To Give or Bestow*"

17Be good to your servant while I live, **that I may obey YOUR WORD.** **18**Open my eyes that I may see wonderful things in YOUR LAW. **19**I am a stranger on earth; do not hide YOUR COMMANDS from me. **20****My soul is consumed with longing for YOUR LAWS at all times.** **21**You rebuke the arrogant, who are accursed, those who stray from YOUR COMMANDS. **22**Remove from me their scorn and contempt for I keep YOUR STATUES. **23**Though rulers sit together and slander me, **YOUR servant will meditate on YOUR DECREES.** **24****YOUR statutes are my delight; they are my counselors.**

ד Daleth – 4th - Number Value = 4; Means *“Weak, Lowly, Humility”*

25I am laid low in the dust; preserve my life according to your word. 26I gave an account of my ways and you answered me; teach me your decrees. 27Cause me to understand the way of your precepts, that I may meditate on your wonderful deeds. 28My soul is weary with sorrow; strengthen me according to your word. 29Keep me from deceitful ways; be gracious to me and teach me your law. 30I have chosen the way of faithfulness; I have set my heart on your laws. 31I hold fast to your statutes, LORD; do not let me be put to shame. 32I run in the path of your commands, for you have broadened my understanding.

ה He – 5th - Number Value = 5; Means *“Presence of God or the Divine”*

33Teach me, LORD, the way of your decrees, that I may follow it to the end. 34**Give me understanding, so that I may keep YOUR LAW and obey it with all my heart.** 35Direct me in the path of YOUR COMMANDS, for there I find delight. 36**Turn my heart toward YOUR STATUTES and not toward selfish gain. 37Turn my eyes away from worthless things; preserve my life according to YOUR WORD.** 38Fulfill your promise to YOUR servant, so that YOU may be feared. 39Take away the disgrace I dread, for YOUR LAWS are good. 40How I long for YOUR PRECEPTS! In YOUR righteousness preserve my life.

ו Waw – 6th - Number Value = 6; Means *“Nail or Peg”*

41May YOUR unfailing love come to me, LORD, YOUR salvation, according to YOUR promise; 42**then I can answer anyone who taunts me, for I trust in YOUR WORD.** 43**Never take YOUR WORD OF TRUTH from my mouth, for I have put my hope in YOUR LAWS.** 44I will always obey YOUR LAW, for ever and ever. 45I will walk about in freedom, for I have sought out YOUR PRECEPTS. 46**I will speak of YOUR STATUTES before kings and will not be put to shame, 47for I delight in YOUR COMMANDS because I love them.** 48I reach out for YOUR COMMANDS, which I love, that I may meditate on YOUR DECREES.

ז Zayin – 7th - Number Value = 7; Means *“Weapon or Sword”*

49Remember YOUR WORD to your servant, for YOU have given me hope. **50My comfort in my suffering is this: YOUR promise preserves my life.** 51The arrogant mock me unmercifully, but I do not turn from YOUR LAW. 52I remember, LORD, YOUR ancient laws, and I find comfort in them. **53Indignation grips me because of the wicked, who have forsaken YOUR LAW.** 54YOUR DECREES are the theme of my song wherever I lodge. **55In the night, LORD, I remember YOUR NAME, that I may keep YOUR LAW.** **56This has been my practice: I obey YOUR PRECEPTS.**

ח Heth – 8th - Number Value = 8; Means *“To Cut or to Sever”*

57**YOU are my portion, LORD; I have promised to obey YOUR WORDS.** **58I have sought YOUR FACE with all my heart;** be gracious to me according to YOUR PROMISE. 59I have considered my ways and have turned my steps to YOUR STATUTES. **60I will hasten and not delay to obey YOUR COMMANDS.** 61Though the wicked bind me with ropes, I will not forget YOUR LAW. 62At midnight I rise to give you thanks for YOUR righteous laws. **63I am a friend to all who fear YOU, to all who follow YOUR PRECEPTS.** **64The earth is filled with YOUR LOVE, LORD; teach me YOUR DECREES.**

ט Teth – 9th - Number Value = 9; Means *“Good”*

65Do good to Your servant according to YOUR WORD, LORD. **66Teach me knowledge and good judgment, for I trust YOUR COMMANDS.** 67Before I was afflicted I went astray, but now I obey YOUR WORD. 68YOU are good, and what YOU do is good; teach me YOUR DECREES. 69Though the arrogant have smeared me with lies, I keep YOUR PRECEPTS with all my heart. **70Their hearts are callous and unfeeling, but I delight in YOUR LAW.** 71It was good for me to be afflicted so that I might learn YOUR DECREES. **72The law from YOUR MOUTH is more precious to me than thousands of pieces of silver and gold.**

י Yodh – 10th - Number Value = 10; Means *“Divine Energy or Creative Spark”*

73 YOUR HANDS made me and formed me; give me understanding to learn YOUR COMMANDS. 74 May those who fear YOU rejoice when they see me, for I have put my hope in YOUR WORD. 75 I know, LORD, that YOUR LAWS are righteous, and that in faithfulness YOU have afflicted me. 76 May YOUR unfailing love be my comfort, according to YOUR promise to YOUR servant. 77 Let YOUR compassion come to me that I may live, for YOUR LAW is my delight. 78 May the arrogant be put to shame for wronging me without cause; but I will meditate on YOUR PRECEPTS. 79 May those who fear YOU turn to me, those who understand YOUR STATUTES. 80 May I wholeheartedly follow YOUR DECREES, that I may not be put to shame.

כ Kaph – 11th - Number Value = 20; Means *“Palm or Grip or Crown or Head”*

81 My soul faints with longing for YOUR salvation, but I have put my hope in YOUR WORD. 82 My eyes fail, looking for YOUR promise; I say, “When will you comfort me?” 83 Though I am like a wineskin in the smoke, I do not forget YOUR DECREES. 84 How long must YOUR servant wait? When will YOU punish my persecutors? 85 The arrogant dig pits to trap me, contrary to YOUR LAW. 86 All YOUR COMMANDS are trustworthy; help me, for I am being persecuted without cause. 87 They almost wiped me from the earth, but I have not forsaken YOUR PRECEPTS. 88 In YOUR unfailing love preserve my life, that I may obey the statutes of YOUR MOUTH.

ל Lamedh – 12th - Number Value = 30; Means *“Royalty, Heart, Staff”*

89 YOUR WORD, LORD, is eternal; it stands firm in the heavens. 90 YOUR faithfulness continues through all generations; YOU established the earth, and it endures. 91 YOUR laws endure to this day, for all things serve you. 92 If YOUR LAW had not been my delight I would have perished in my affliction. 93 I will never forget YOUR PRECEPTS, for by them YOU have preserved my life. 94 Save me, for I am YOURS; I have sought out YOUR PRECEPTS. 95 The wicked are waiting to destroy me, but I will ponder YOUR STATUTES. 96 To all perfection I see a limit, but YOUR COMMANDS are boundless.

n Mem – 13th - Number Value = 40; Means *"Water"*

97 Oh, how I love YOUR LAW! I meditate on it all day long. 98 YOUR COMMANDS are always with me and make me wiser than my enemies. 99 I have more insight than all my teachers, for I meditate on YOUR STATUTES. 100 I have more understanding than the elders, for I obey YOUR PRECEPTS. 101 I have kept my feet from every evil path so that I might obey YOUR WORD. 102 I have not departed from YOUR LAWS, for YOUR yourself have taught me. 103 How sweet are YOUR WORDS to my taste, sweeter than honey to my mouth! 104 I gain understanding from YOUR PRECEPTS; therefore, I hate every wrong path.

n Nun – 14th - Number Value = 50; Means *"Fish, Giving, Faithfulness"*

105 YOUR WORD is a lamp for my feet, a light on my path. 106 I have taken an oath and confirmed it, that I will follow YOUR RIGHTEOUS LAWS. 107 I have suffered much; preserve my life, LORD, according to YOUR WORD. 108 Accept, LORD, the willing praise of my mouth, and teach me YOUR LAWS. 109 Though I constantly take my life in my hands I will not forget YOUR LAW. 110 The wicked have set a snare for me, but I have not strayed from YOUR PRECEPTS. 111 YOUR STATUTES are my heritage forever; they are the joy of my heart. 112 My heart is set on keeping YOUR DECREES to the very end.

o Samekh – 15th - Number Value = 60; Means *"Support or Pillar"*

113 I hate double-minded people, but I love YOUR LAW. 114 YOU are my refuge and my shield; I have put my hope in YOUR WORD. 115 Away from me, you evildoers, that I may keep the commands of my God! 116 Sustain me, my God, according to YOUR promise, and I will live; do not let my hopes be dashed. 117 Uphold me, and I will be delivered; I will always have regard for YOUR DECREES. 118 YOU reject all who stray from YOUR DECREES, for their delusions come to nothing. 119 All the wicked of the earth YOU discard like dross; therefore, I love YOUR STATUTES. 120 My flesh trembles in fear of you; I stand in awe of YOUR LAWS.

י Ayin – 16th - Number Value = 70; Means *"Eye or Fountain or Insight"*

121I have done what is righteous and just; do not leave me to my oppressors. 122Ensure YOUR servant's well-being; do not let the arrogant oppress me. 123My eyes fail, looking for YOUR salvation, looking for YOUR righteous promise. **124Deal with YOUR servant according to YOUR love and teach me YOUR DECREES. 125I am YOUR servant; give me discernment that I may understand YOUR STATUTES.** 126It is time for YOU to act, LORD; YOUR LAW is being broken. **127Because I love YOUR COMMANDS more than gold, more than pure gold, 128and because I consider all YOUR PRECEPTS right, I hate every wrong path.**

פ Pe – 17th - Number Value = 80; Means *"Mouth, Power of Speech"*

129YOUR STATUTES are wonderful; therefore, I obey them. 130The unfolding of YOUR WORDS gives light; it gives understanding to the simple. 131I open my mouth and pant, longing for YOUR COMMANDS. 132Turn to me and have mercy on me, as YOU always do to those who love YOUR NAME. **133Direct my footsteps according to YOUR WORD; let no sin rule over me.** 134Redeem me from human oppression, that I may obey YOUR PRECEPTS. **135Make YOUR FACE shine on YOUR servant and teach me YOUR DECREES. 136Streams of tears flow from my eyes, for YOUR LAW is not obeyed.**

צ Tsadhe – 18th - Number Value = 90; Means *"Righteous Person"*

137YOU are righteous, LORD, and YOUR LAWS are right. **138The statutes YOU have laid down are righteous; they are fully trustworthy. 139My zeal wears me out, for my enemies ignore YOUR WORDS. 140YOUR promises have been thoroughly tested, and YOUR servant loves them.** 141Though I am lowly and despised I do not forget YOUR PRECEPTS. 142YOUR righteousness is everlasting and YOUR law is true. 143Trouble and distress have come upon me, but YOUR COMMANDS give me delight. **144YOUR STATUTES are always righteous; give me understanding that I may live.**

7 Qoph – 19th - Number Value = 100; Means *"Eye of the Needle"*

145I call with all my heart; answer me, LORD, and I will obey YOUR DECREES. 146I call out to YOU; save me and I will keep YOUR STATUTES. **147I rise before dawn and cry for help; I have put my hope in YOUR WORD. 148My eyes stay open through the watches of the night, that I may meditate on YOUR promises.** 149Hear my voice in accordance with YOUR love; preserve my life, LORD, according to YOUR LAWS. 150Those who devise wicked schemes are near, but they are far from YOUR LAW. **151Yet YOU are near, LORD, and all YOUR COMMANDS are true. 152Long ago I learned from YOUR STATUTES that YOU established them to last forever.**

7 Resh – 20th - Number Value = 200; Means *"Head, Leader or Chief"*

153Look on my suffering and deliver me, for I have not forgotten YOUR LAW. 154Defend my cause and redeem me; preserve my life according to YOUR promise. **155Salvation is far from the wicked, for they do not seek out YOUR DECREES.** 156YOUR compassion, LORD, is great; preserve my life according to YOUR LAWS. 157Many are the foes who persecute me, but I have not turned from YOUR STATUTES. **158I look on the faithless with loathing, for they do not obey YOUR WORD.** 159See how I love YOUR PRECEPTS; preserve my life, LORD, in accordance with YOUR love. **160All YOUR WORDS are true; all YOUR righteous laws are eternal.**

7 Shin – 21st - Number Value = 300; Means *"Steadfast"*

161Rulers persecute me without cause, but my heart trembles at YOUR WORD. **162I rejoice in YOUR promise like one who finds great spoil. 163I hate and detest falsehood but I love YOUR LAW.** 164Seven times a day I praise YOU for YOUR RIGHTEOUS LAWS. **165Great peace have those who love YOUR LAW, and nothing can make them stumble.** 166I wait for YOUR salvation, LORD, and I follow YOUR COMMANDS. **167I obey YOUR STATUTES, for I love them greatly.** 168I obey YOUR PRECEPTS and YOUR STATUTES, for all my ways are known to YOU.

n **Taw** – 22nd - Number Value = 400; Means *“Truth or a Seal or Perfection”*

169 May my cry come before YOU, LORD; **give me understanding according to YOUR**

WORD. 170 May my supplication come before YOU; deliver me according to YOUR

promise. 171 **May my lips overflow with praise, for YOU teach me YOUR**

DECREES. 172 **May my tongue sing of YOUR WORD, for all YOUR COMMANDS are**

righteous. 173 May YOUR hand be ready to help me, for I have chosen YOUR

PRECEPTS. 174 **I long for YOUR salvation, LORD, and YOUR LAW gives me delight.**

175 Let me live that I may praise YOU, and may YOUR LAWS sustain me. 176 I have

strayed like a lost sheep. **Seek YOUR servant, for I have not forgotten YOUR**

COMMANDS.